

Michigan Intercollegiates: 10/7/2011

This past Friday a band of MRUNNERS traveled down to Hillsdale, MI to compete in the annual Michigan Intercollegiates Cross Country meet! The 5k women's course, and 8k men's course were both provided awesome scenery, and proved to be very challenging with many rolling hills throughout. However, that did not stop MRUN from competing superbly amongst the other teams at the meet!

On account of their stellar personal performances at the race, Caci Dishman and Corey Melnick have been selected as Athletes of the Meet!

Caci Dishman had a season best last Friday, achieving her goal of breaking 20 minutes on the difficult course! She looks to take even more time off in the upcoming races, and is excited to try her hand at the 6k distance.

Caci is a freshman enrolled in the College of Engineering, matriculating to U of M from nearby Dexter, MI. In addition to running, she also enjoys playing the guitar and clarinet, and loves to spend time volunteering.

Corey Melnick made a giant step in the right direction, coming off his first race at the Michigan Fall Classic a few weeks ago. He was able to move up throughout the race, establishing a great result on a hard course. He says that he had a lot of fun at the race, and is excited to see how he can progress further at Regionals!

Corey is a first year graduate student in Mechanical Engineering, hailing from an undergraduate career at Tufts University. He is originally from Waltham, Vermont, where he loves to ski and hike, and also enjoys a good game of Starcraft.

Good luck to all of the MRUNNERS racing in the Detroit Half Marathon and Marathon this weekend!