

MRUN DOMINATION AT MICHIGAN FALL CLASSIC!!!

Congratulations to everyone who ran at the Michigan Fall Classic this past Saturday, September 22nd. Both the Male and Female teams won the meet. The weather was cool and it started to rain for the men's race, but we left everything on the course! (Including the Prochaskas- sorry!)

Athletes of the meet:

John Bennett! John got his all-time PR at the race on Saturday with a time of 18:04! Way to go John!!!

Erica Dombro! Erica took 3rd place with a time of 19:23! It was her first race with MRun and she killed it!!

There were outstanding performances across the board, but to note a few:

Sam Lyons completed her first race and she was all smiles the whole time! Matthew Newman, Patrick Miller and Rob Glew did amazing and finished together- way to push each other! Christina Ledezma and Lindsey Miller both ran great races with speedy times! Dante Michael and Patrick Hayes also had great races and finished together. Michelle Lapin had an amazing race and finished with a time of 19:45- wooo!!! A special congratulations goes to everyone who ran their first race with MRun- we are so happy to have you in our family and can't wait for what the season has in store!

A highlight of the meet was the dance party in the parking lot as we waited for the awards to start! Not only did we win the meet, but we would likely win a dance off (maybe something to think about for the MSU meet coming up!)

Go Blue!